

KEYNOTE SPEAKER

PROF. ULRIKA K.
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Ulrika K. Stigsdotter is Professor of Landscape Architecture with special responsibilities in Health Design at the University of Copenhagen. As a landscape architect, she received her PhD degree from the Swedish University of Agricultural Sciences, where she also completed her graduate studies. Ulrika leads a multidisciplinary research group, which is called Nature, Health & Design. In this context, she guides research within a wide range of current research trends on interactions between man, human health and the natural environment. Ulrika's research has an applied perspective and is aimed at scientists, practitioners and students. As such, her research expertise provides evidence to guide policy makers, city planners, landscape architects, and therapists in translating gained knowledge into practice. Her research and teaching has its foundation in Evidence-Based Health Design. In line with her academic work Ulrika is active as project leader and responsible landscape architect for the Nature, Health & Design Laboratory, which is a collective name for two research- and demonstration projects located in the Hørsholm arboretum: The Health Forest Octovia® and The Healing Forest Garden Nacadia®. She is also one of the pioneering landscape architects behind the Healing Garden at Alnarp Campus and the Solberga park in Stockholm and is involved in the design guidelines behind the healing garden at Dannerhuset in Copenhagen.